

夏天 30 日纖體比賽班

夏天 30 日纖體比賽班於 6-9 月星期二舉行(請參考該月時間表)，專為已購買「夏天 30 日纖體套裝」的直銷商而設。此班分為 3 個部分。

1.	7:00-7:30pm	測量 Measurement
2.	7:30-8:00pm	運動 Workout
3.	8:15-9:15pm	講座 Seminar *

第一部分為測量，直銷商需憑體脂磅使用券，於該段時間進行身體測量和量度，由職員見證。如對體脂磅使用方法有疑問，可在公司借閱有關說明書。

第二部分為運動，直銷商請預先穿著運動服裝，及攜帶毛巾或瑜珈墊，學習正確的運動姿勢。

第三部分為講座*，直銷商需憑券出席，請在入場券寫上你的名字。講座內容為纖體計劃期間的飲食方法及保健知識。其他直銷商亦可購買此講座的入場券，費用為港幣\$20。

註：參加夏天 30 日纖體比賽的直銷商必須出席以上各環節。

機智滙集有限公司

2017 年 6 月 3 日

N170603

30 Days Weight Loss Challenge Class

Organic Vision now launches limited amount of "30 Days Weight Loss Pack" from May to September this year. Welcome all Distributors to experience OV summer detoxification, to attain your best physique. At the same time, Distributor will become a participant in monthly "30 Days Weight Loss Challenge" and enjoy the fun of detoxification during competition.

30 Days Weight Loss Challenge Class will be held on Tuesday from June to September (please refer to the calendar), which is specially designated for Distributors who have purchased the "30 Days Weight Loss Pack ". This class consists of three parts.

1.	7:00-7:30pm	測量 Measurement
2.	7:30-8:00pm	運動 Workout
3.	8:15-9:15pm	講座 Seminar *

The first part is Measurement. Distributor must bring their weight scale coupon to have body measurement and be witnessed by staff. If you have any questions about how to use the weight scale, you can read the instructions in advance in the company.

The second part is Workout. Distributor should wear sportswear and bring a towel or yoga mat to learn the correct sports posture.

The third part is seminar*. Distributor must bring their ticket with your name on it to attend the seminar. It includes dietary methods and health knowledge during 30 Days Weight Loss program. Other distributors can also purchase tickets for every seminar with the price of HK \$ 20.

Note: Distributor who joins 30 Days Weight Loss Challenge must attend all parts of the class.

Organic Vision
3rd June, 2017
N170603

夏天 30 日纤体比赛班

夏天 30 日纤体比赛班于 6-9 月星期二举行(请参考该月时间表)，专为已购买「夏天 30 日纤体套装」的直销商而设。此班分为 3 个部分。

4.	7:00-7:30pm	測量 Measurement
5.	7:30-8:00pm	運動 Workout
6.	8:15-9:15pm	講座 Seminar *

第一部分为测量，直销商需凭体脂磅使用券，于该段时间进行身体测量和量度，由职员见证。如对体脂磅使用方法有疑问，可在公司借阅有关说明书。

第二部分为运动，直销商请预先穿着运动服装，及携带毛巾或瑜伽垫，学习正确的运动姿势。

第三部分为讲座*，直销商需凭券出席，请在入场券写上你的名字。讲座内容为纤体计划期间的饮食方法及保健知识。其他直销商亦可购买此讲座的入场券，费用为港币\$20。

注：参加夏天 30 日纤体比赛的直销商必须出席以上各环节。

机智汇集有限公司

2017 年 6 月 3 日

N170603